

## **Varieties of Yoga : The Practitioner Perspective**

### **Introduction to project**

This is an e-book publishing project in which the legitimate yoga branches will be explained by fundamentals and subsequently confessed by five practitioners testimonials. All the topics will be covered on chapter basis and therefore this e-book may contain about ten to twenty chapters in whole. Chapters that exceeding e-book one will be carried forward to book two and both books or more will be compiled, edited and published simultaneously. Each chapter is expected to have around fifteen to twenty pages; starting from introduction of xyz yoga, moving onto the literature review and then explaining the methodology that practiced on. The final rejuvenating outcome must be confessed by five students/associates/members of your respective yoga field. Eventually the chapter should be ended up with simple conclusion from the chapter's leader. And remember: that all the participating authors full names and their organization will be printed on chapters beginning.

### **Aim of the project**

The holiness of yoga being threatened by fake practices, such as: the alcohol, drug, physical object, man-made practices and/or some external objects. As to safeguard the long tradition of yoga, it has to be brought to academia so it may pave ways for discussion, debate, analyze, and improve for the perfection. However, this obligation is not given to any particular person or blindly push towards any particular community for perpetual mean of solution. It has to be done among yoga practitioners who has attained master's level. Hence, the aim of this project is to safeguard the yoga by giving simple, powerful and open access academic contents to support the legitimate branches of yoga.

### **Editorial remark**

This project was proposed by Advan-kt consortium universities as to initiate the yoga related researches for upcoming years. It is not possible to start any research in academia without academic value because people will reject immediately and effectively. So, this long journey has therefore been started with simple precedent-initiation from academic perspective. Apart from that, it is an important matter for the authors to understand about the open access policies in academia, prior to apply for participation. The current trend of open access publication cost swings between USD 800 to 1200 for single chapter in any book in academia. Similarly an open access publication cost reaches approximately USD 4000 for ISI-listed journals. All these sorts of info can be obtained from Springer or ELSEVIER web portal. Since Advan-kt is actively looking for more sponsors from other

universities press and libraries, all the sponsoring universities info will be added in post production of the e-book. Advan-kt consortium universities have agreed to sponsor partially, approximately USD 500 per chapter while each author is requested sponsor at least for USD 50 to indulge the benefit of open access policies.

**Note:** any chapter in this project, will not be sold for any single person for USD 800 at any time, as Advan-kt value collective efforts.

### **Project date and payment mode**

Each chapter is expected to be registered with USD 100 before 30th Nov 2018 out of USD 300. The payment directly goes to Advan-kt paypal account, which can be found from [www.advan-kt.com](http://www.advan-kt.com) web. This payment is non-refundable once the project begins in Jan 2019. The second part of payment has to be paid (USD 200) once the chapter preparation is done within 2-3 months time through email discussion with editor. The chapter head deserves the lawful rights to choose members of the project, if more than 5 members join for single chapter. The progression will be guided by the editor from time to time, so authors have to connect him through his email ([ceo@advan-kt.com](mailto:ceo@advan-kt.com)) for successful completion. The principal editor is **Prof. Nachimani Charde**, the CEO of Advan-kt ([www.advan-kt.com/ceo](http://www.advan-kt.com/ceo)). Backbone of the project is the testimonial parts of each chapter which have to be included for trustworthiness. Any plagiarism may risk the good name of Advan-kt and it is subjected to serious return. So chapter's author must make use of this benefit to promote their name in Academia for yugas.